



## 50 Ways I Show You I LOVE YOU...

*Generated by the Project Enlightenment Parents as Teachers Program (PAT)*

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### When I...

1. Hold your hand
2. Sing to you
3. Cuddle with you
4. Read a story with you
5. Play with you in the park
6. Listen to you
7. Respond to your needs
8. Repeat what you say
9. Validate your feelings
10. Give you a hug
11. Respond calmly when you are upset
12. Blow bubbles
13. Let you try a new skill
14. Speak warmly
15. Smile at you
16. Praise you
17. Follow your lead in play
18. Say positive things to you
19. Put away my phone
20. Focus on you
21. Make eye contact with you
22. Comfort you
23. Respond to your words or sounds
24. Encourage you to explore
25. Encourage you to be curious
26. Feed you
27. Eat with you
28. Ask you questions
29. Take a walk with you
30. Talk about what we see while we are in the car
31. Play silly games with you
32. Tuck you in at night
33. Tickle you
34. Share rhymes with you
35. Answer your questions
36. Offer suggestions to help you
37. Make silly faces with you
38. Show you how to cook
39. Comfort you when you don't feel well
40. Dance with you
41. Show you how things work
42. Validate your fears and feelings
43. Comfort you during a bad dream
44. Celebrate special occasions with you
45. Take you to the library
46. Take you out in nature and explore together
47. Give you a massage
48. Create/buy age appropriate toys for you
49. Show you how to color
50. Apologize when I know I was wrong

